

Curriculum Vitae

Personal Information

Name: Zaid Ali Ahmad Alkayed

Address: Alnunayyat- Amman, 11623

Date of Birth: 31/10/1993

Mobile: (+962) 797110129

Place of Birth: Amman, Jordan

Email: zaid.alkayed@outlook.com

Nationality: Jordanian

Medical Education and Certification

The University of Jordan School of Medicine, Amman, Jordan

2011-2017

Doctor of Medicine (M.D.)

Education Commission for Foreign Medical Graduates (ECFMG) Certification

September, 2019

Jordan University Hospital, Amman, Jordan

Psychiatry Resident

2018-2022

Jordanian Board in General Psychiatry

Jordan Medical Council

August, 2022

Clinical Experience

Psychiatry Specialist with Dr. Samir Samawi's Private Clinic

September, 2022 – present

Teaching Experience

Chief Resident of Psychiatry

Jordan University Hospital

2021-2022

Assistant Instructor to 5th and 3rd year Medical Students; Psychiatry and Behavioral Sciences Courses

The University of Jordan School of Medicine, Amman, Jordan

2018-2022

External Lecturer to 11th Grade Students; Introduction to Psychology Course

Jubilee Institute, Amman, Jordan

2018-2019

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Organizations and Committees Memberships

Member of Committee for Yale program of addiction medicine training

The University of Jordan, School of Pharmacy

2022

Member of Committee for Jordan University Hospital Employees Mental Wellbeing

Jordan University Hospital

2022

Head of Committee for the Development of Seclusion Room for the Psychiatric Inpatient Unit

Jordan University Hospital

2021-2022

Member of Committee for GCI Certification

Jordan University Hospital

2022

Head of Committee for Suicide Prevention and Management Guidelines

Jordan University Hospital

2021-2022

Head of Committee for Psychiatry Residency Training Competencies

Jordan University Hospital

2021-2022

Core-member of Medical Students Psychological and Academic Counseling Committee

The University of Jordan- School of Medicine

2022

Member of Healing Project

Developing a Multidisciplinary Diploma on Art Therapy in Health Education

Erasmus+ Program

The University of Jordan

2021

Team member of Insight Mental Health Advocacy Initiative

Non-profit initiative promoting mental health in Jordan

2020-2022

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**Core-team Member of tech-startup for the use of technology in psychiatric conditions
Light Inc., Amman, Jordan
2019-2020**

**Member of Psychosocial Specialty Training Program For Medical Students
The University of Jordan, Michigan State University, and Common Bond Institute
2018-2022**

**Member of Clinical Training Committee for Medical Students
The University of Jordan School of Medicine, Amman, Jordan
2018-2022**

**Member of The Second Global Mental Health Conference Organization and Social
Committees
The University of Jordan School of Medicine, Amman, Jordan
2017**

**Member of Arab Simulation Conference in Medical Education Organization
Committee
The University of Jordan School of Medicine, Amman, Jordan
2016**

**Member of Phi Institute
Non-profit organization promoting science among Arab youth, Amman, Jordan
2016-2017**

Conferences, Courses, and Continuing Medical Education

**Participated in Captagon Use in Jordan Workshop
The University of Jordan- School of Pharmacy
2022**

**Participated and presented in the EFPT MENTA Forum and WNPT Conferences
Online Conferences during COVID lockdown
2020**

**Participated in The Impact of COVID-19 on Mental Health, Implications and
Management of Different Mental Disorders Webinar
Lundbeck Middle East and Africa, Amman-Jordan
2020**

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Participated in The Impact of COVID-19 Pandemic Outbreak on Patients with Mental Health Disorders Webinar

Lundbeck Middle East and Africa, Amman, Jordan

2020

Presented at The 5th International Jordanian Psychiatrist Conference

Jordanian Psychiatric Association, Amman, Jordan

2018

Participated in The Course Psychoanalysis; History, Theory, and Practice

The Institute for Critical Thought, Amman, Jordan

2016

Mental Health Advocacy, Oral Presentations, and Public Speaking

Co-presented a lecture on the effects of the internet on human cognition

The University of Jordan, School of Arts

2022

Presented a lecture on Communication Skills for Healthcare Providers

Jordan University Hospital

2022

Held a lecture on Suicide Prevention and Management Guidelines

Jordan University Hospital

2022

Filmed a short documentary on Mental Health Services in Jordan

Petra University

2021-2022

Held Multiple Live Stream Events on Topics relating to Mental Health

Online Meetings

2021-2022

Depression and Burnout Among Medical Students at The University Of Jordan

Research Poster

APA Annual Conference (Online Poster Presentation)

2021

Scientific scripts reviewer for online mental health awareness content

Bel-Arabi Foundation, Amman, Jordan

2019-2020

Presented a video on the negative psychological effects of child verbal abuse

Mateen Initiative, Amman, Jordan

2019

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Gave interviews on topics related to mental health
The University of Jordan Radio Station, Amman, Jordan
2018-2019

Presented a talk titled Introduction to Mental Health Services
This Is Me Event, Life in My Days Inc., Amman, Jordan
2018

Presented multiple introductory lectures on various topics of mental health
Phi Institute, Amman, Jordan
2018

Co-presented a presentation titled Autism in Jordan: A Phenomenological Approach
The 5th International Jordanian Psychiatrist Conference, Amman, Jordan
2018

Co-presented a presentation titled Depression and Burnout among Health Schools'
Students at The University of Jordan
The Second Global Mental Health Conference, Amman, Jordan
2017

Presented Lectures at Introduction to Psychology Course
Phi Institute, Amman, Jordan
2017

Research and Publications

Tarboush, N.A., Alkayed, Z., Alzoubi, K.H. et al.
The Understanding of Research Ethics at Health Sciences Schools in Jordan: A
Cross-Sectional Study
BMC Med Edu 20, 121 (2020)

Abdullah Nimer, Zaid Alkayed, et al
Burnout Syndrome during Residency Training in Jordan: Prevalence, Risk Factors,
and Implications
International Journal of Environmental Research And Public Health
Volume 18, Issue 4, February, 2021

Depression and Anxiety Among Chronic Anal Fissure Patients
International Journal of Surgery Open
Volume 46, September 2022, 100518

Syrian Refugees in Jordan: Father Engagement and Family Functioning
Research with Yale University
2021-2022

Sub-investigator for bioequivalence study of Invega Sustenna and new formulation
Triumpharma, Amman-Jordan
2021-2022

Curriculum Vitae

Assisted in conducting multiple research projects on subjects in mental health with medical students
Jordan University Hospital
2018-2022

A Novel Biochemical Marker Serum Levels in Autism Spectrum Disorder Patients and Controls
The University of Jordan School of Medicine, Amman, Jordan
Submitted for publication

Burnout and Depressive Symptoms among Health Sciences Schools' Students in Jordan
The University of Jordan School of Medicine, Amman, Jordan
Writing Manuscript

Languages

Arabic- Native
English- Advance

Volunteering and Community Service

Gave Free Online Psychiatry Consultations during Coronavirus (COVID-19) shutdown
Jordan University Hospital, Amman, Jordan
2020

Organized a Medical Students Suicide Support Group
Jordan University Hospital, Amman, Jordan
2019-202

Personal Qualities and Skills

Empathic Listener
Leader and Team Worker
Public Speaker and Lecturer
Administrator and Organizer
Determined and Goal-oriented

Hobbies and Interests

Mindfulness Meditation
Reading Non-fiction; personal development, psychology, philosophy, and popular science
Documentaries of science, nature, and politics

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References

Dr. Radwan Banimustafa, M.D, MRCPsych, DPM
Associate Professor of Psychiatry
Chairman of Psychiatry Division –Jordan University Hospital
The University of Jordan School of Medicine
Email: r.banimustafa@ju.edu.jo

Dr. Laith Abbadi, M.D
Psychiatry Specialist
Mind Clinic
Amman - Jordan
Email: laith_abbadi89@hotmail.com