

UNIVERSITY OF JORDAN  
**FACULTY OF MEDICINE**  
DEPARTMENT OF Internal Medicine  
**COURSE/ROTATION OUTLINE**

<b>Classification:</b>	Medicine
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<b>Compliant Catalogue:</b>	
<b>Course Code:</b>	
<b>Course Title:</b>	psychiatry
<b>Credit Hours:</b>	4 weeks, 5days a week, 8am-5pm
<b>Year Level :</b>	5 <sup>th</sup> year
<b>Round Schedule</b>	Outpatient training
<b>Tutorial Schedule:</b>	Daily seminars Sunday to Thursday
<b>Duration (Weeks):</b>	4 weeks each group round the year

<b>Course Coordinator:</b>	Prof Abdul-Monaf Al-Jadiry
<b>Prepared by:</b>	Prof Abdul-Monaf Al-Jadiry and members of psychiatric section
<b>Date of Outline Preparation:</b>	1.9. 2007
<b>Date of Last Revision:</b>	1.9.2008
<b>Checked by:</b>	Members of psychiatric section
<b>Approved by Head of Department:</b>	Medicine

University of Jordan  
Department of Internal Medicine

**ROTATION OUTLINE Psychiatry**

### I. Rotation Description

- Offered in the 5<sup>th</sup> year; 5<sup>th</sup> year students are divided into 10 major groups. One major group attends the rotational program at a time. Each offered 4 weeks training in outpatient settings in and outside Jordan University Hospital
- The group in the first day will receive general instructions, knowledge about the concept of mental health and mental disorders and how to approach the mentally ill patient, how to obtain history and how to make mental state assessment
- The group will be divided into smaller subgroups 6-7 students that will rotate in different clinical psychiatric facilities according to an already arranged program
- The subgroup will indulge in different clinical activities in each clinical training setting

### II. Rotation Objectives

- To highlight the concept of mental health and mental illness and knowledge of the common mental disorders to the students
- Raise awareness of the students towards identification of the mentally ill, his needs and how to provide care and means of approach of different patients
- Offer information about how to obtain mental history and make mental state examination as well as to develop skills of interviewing, communication, and rapport establishment
- To provide the students information regarding formulation, broad lines of management and safety use of psychotropic medications as well as psychosocial approaches and means of support and rehabilitation

### III. Rotation Expected Outcomes

At the end of 4 weeks the student is expected to have:

- Developed concept of mental disorder, case identification and approach to the mentally ill
- Learnt to make proper psychiatric assessment
- Developed skill of interviewing, communication and establishment of rapport
- Obtained knowledge of available psychiatric facilities, treatment methods, safety use of psychotropic medications and awareness of non-pharmacological approaches

### IV. Suggested Textbook(s) and Readings

- Psychiatry  
3<sup>rd</sup> edition, 2005  
Michael Gelder , Richard Mayou , John Geddes  
Oxford Core Textbooks
- Kaplan & Sadock's Pocket Handbook of Clinical Psychiatry  
4<sup>th</sup> edition 2005  
Sadock & Sadock

## V. Teaching Materials Made Available to Student's

- 1- Textbook and references
- 2- Internet

## VI. Educational Facilities

- Classroom with whiteboard and projection facilities
- College library
- Internet

## VII. Rotation Outline

The following topics will be covered in this rotation:

<b>Topic</b>	<b>Number of Hours</b>
1- Introduction to Psychiatry	
2- Overview of Mental disorders.....	8 am – 5 pm 5 day a week for 4 weeks
3- Clinical signs and symptoms	
4- Overview of Anxiety and Stress Disorders	
5- Overview of mood Disorders	
6- Schizophrenia and schizophrenia like disorders	
7- Cognitive disorders	
8- Personality disorders	
9- Somatoform disorders	
10- Psychosomatic approach to medicine	
11- Sexual Disorders	
12- Dissociative Disorders	
13- Substance Use Disorders	
14- Eating Disorders	
15- Sleep Disorders	
16- Aspects of Child Psychiatry	
17- Aspects of Forensic Psychiatry	
18- Treatment methods in Psychiatry.....	

## VIII. Instructional Methods

- Lectures
- Seminars
- Problem solving sessions.
- Case writing
- Case discussion
- Case demonstration

## IX. Student Rotation Evaluation Methods

1. Evaluation will be done individually at the end of the rotation according to a special form. It includes:

- Student motivation, commitment, and behaviour
- Students attendance
- Students participation in activities in the clinical sessions and seminars
- Students homework performance

2. Clinical Examination

- Quiz
- *OSCE version of clinical exam* :

3. Final year written Examination

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## X. Major Evaluation Dates

Rotation Final Evaluation	End of Rotation (4 weeks.....)
End of Year Final Exam	As suggested by University Calendar

