

# CURRICULUM VITA

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Ruba M. Jaber

25<sup>th</sup> Sept 1980

University of Jordan/ Faculty of Medicine

Assistant Prof Family Medicine

Women and Child's health consultant

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***Objective: Academic General Practitioner, with clinical research and teaching interest. Aiming provide holistic care to my patients, supporting my students and community via evidence based teaching and clinical research***

## Appointments and positions

14/2/2013 - current

- Women and child health specialist/ Family Medicine consultant: University of Jordan Hospital

- Assistant Professor Family Medicine/Department of Community and Family Medicine, Faculty of Medicine, University of Jordan
- 1/7/2014- current: Program Director of the Postgraduate clinical training program of Family medicine at the Faculty of Medicine/ University of Jordan Hospital
- 7/9/2013-8/9/2014 : Assistant Dean For students' and Graduate Affairs.
- 7/9/2013-8/9/2014: Head of the clinical training committee, Faculty of Medicine, University of Jordan
- Head of Graduate committee, Faculty of Medicine, University of Jordan
- Member of the faculty of medicine committee
- March 2011- Feb 2013: clinical Fellowship in Women and Child's health at several centers crosses Melbourne, Victoria.

- Feb 2010- Feb 2011: Specialist Family medicine; University of Jordan hospital. at family medicine clinics, Jordan University hospital.
- July 2009- Feb 2010: family medicine practitioner at private sector, taking care of out patients in full time job.
- July 2005- June 2009: Family medicine resident at Jordan University Hospital, being the Chief resident for the last year with the responsibility to supervise other resident performance.

### Education and qualifications:

- March 2011- Feb 2013. Women's and child's health fellow/ observer ship at Monash University, Victoria.
- Sep.2009 Jordanian Board of Family medicine (JBFM).

- June 2009 Master degree of family medicine from Jordan University, (with straight A degree)
- June 2004 MBBS: Bachelor degree in medicine and general surgery, Jordan University of Science and Technology, Irbid, Jordan, with very good degree (83.6%)
- 1998 Secondary school degree from Al-Itahad School, Amman Jordan, with excellent degree (96.8%)

### Teaching Experiences:

- ❖ Feb 2013 Till current Time: Assistant Prof in Family Medicine, taking the responsibilities of teaching and supervising 5th year medical students through their rotation in the Family Medicine Department

- ❖ Feb 2013 Till current time: Assistant Prof Family Medicine at Jordan University Hospital, taking the responsibilities of Guiding and supervising Family medicine residents through their 4 year training program.
- ❖ July 2011- Aug 2012 : PBL and CBL tutor at Medical school, Monash University/ Clayton campus
- ❖ Feb. 2010 to Feb. 2011: teaching and research assistant, at family medicine department at University Of Jordan:
  - Teaching responsibilities:
    - Responsible of teaching 5th year medical through their rotation at family medicine. Including both pure medical materials in addition to the medical consultation, communication skills, patient doctor relationship, and management plan. And an introduction to E.B.M.

- 3 teaching clinics per week in which medical students are observing then discussing cases seen in each clinic.
- Responsible of teaching residents (postgraduate), particularly 1st and 2nd year, principles of family medicine. In addition to supervising their seminars.

#### Research skills:

- Feb 2010- Feb 2011: work as teaching and Research assistant at the University of Jordan at Family Medicine department, being involved in research including data collection, literature review and editing.
- Some research experience during the four years of residency at Jordan University, working mainly in data gathering and literature reviewing

## Researches:

- Barghouti FF, Yasein NA, Jaber RM, Hatamleh LN, Takruri AH. **Prevalence and risk factors of urinary incontinence among Jordanian women: impact on their life.** *Health care for women international.* 2013;34(11):1015-23.
- Barghouti FF, Yassein NA, Jaber RM, Khader NJ, Al Shokhaibi S, Almohtaseb A, et al. **Short course in evidence-based medicine improves knowledge and skills of undergraduate medical students: a before-and-after study.** *Teaching and learning in medicine.* 2013;25(3):191-4
- Yasein N, Jarrah S, Petro-Nustas W, Ahmad M, Jaber R, Terzi N, et al. **Obesity Indices and their Relationship to Cardiovascular Risk Factors in Young Adult Group.** *Journal of The Bahrain Medical Society.* 2010;22(4):133-7.

## Presentations:

- Ruba Jaber 2008. **The Prevalence and Correlate of depression in Primary Care.**  
Paper presented at the 7th Jordan society of family medicine, 2008
- Ruba Jaber 2015 , Prevention and screening for Iron Deficiency and Iron Deficiency Anaemia in Children 0-3 years old: An International Review of Guideline,2<sup>nd</sup> WONCA EMR conference, 30<sup>th</sup> April- 2<sup>nd</sup> May 2015, Dubai, UAE

## Skills and Qualifications:

- Microsoft office and Internet
- Fluent in English (IELTS of 8) and Arabic

Attendance of many CME activities, at different family medicine issues, like:

- Participation in the first annual and ECG and arrhythmia Workshop/ Alkhalidi Training center, 23-24<sup>th</sup> Oct 2015, Amman , Jordan
- Participation in the 10<sup>th</sup> international conference of the Jordanian Society of Family medicine, Amman, Jordan
- 1-2 of Sept 2014 Participation of the WHO Regional training workshop on the implementation of the WHO FCTC Guidelines on training Tobacco dependence
- 23<sup>rd</sup> -25<sup>th</sup> attendance of the 13<sup>th</sup> International Eastern Mediterranean Family Medicine Symposium, Adana, Turkey
- 29<sup>th</sup> of April- 2<sup>nd</sup> of May Attendance of the 10<sup>th</sup> international conference of Jordan society of Family Medicine
- 4-5<sup>th</sup> of Feb 2012 Advance obstetric life support certificate

- Introductory ultrasound for Pregnancy assessment certificate: ultrasound training solution/ Melbourne, Victoria ;13-16 December 2011
- Certificate course - The Sexual Health and Family Planning Australia Certificate in Sexual and Reproductive Health for Medical Practitioners. 7-11 Nov 2011.
- 33rd John Murtagh Annual Update Course For GPs ;2nd -4th November 2011
- Introduction to Evidence Based Practice workshop, Southern Health; 16th Nov 2011.
- Evidence-Based Change Process workshop, Southern health; 13th Nov 2011.
- “What’s new? Dietary Guidelines for Infants and Children Seminar”, Monash university; 26th Sept 2011.
- Childbirth Educators Training Program, the Royal Women Hospital, Melbourne, Victoria; 24-26th Oct 2011.

- Teaching small group Workshop, Health Professional education, Monash University; July 2011
- Planning Your Teaching workshop, Health professional education, Monash University; July 2011
- Participated in the 10th conference of the union of the Arab pediatric society & the 9th conference of Jordan pediatric society.... Oct 8-11/ 2002
- Attendance and participation of the Breast cancer work shop, King Hussein Cancer Center, Amman-Jordan; 20th Dec 2004
- Finishing the requirement for the clinical training in IUD insertion ( certificated from Jordanian ministry of health; 6th Dec 2004
- Participation and completion of training program of advanced course in family planning ( certificated by the Jordanian Medical Council; 17th Dec 2004

- Attendance of the 1st international conference of primary care, Amman, Jordan; 10-12th Nov. 2005
- Attendance of the 6th international conference of the Jordan society of Family Medicine; 8-10th Nov 2006
- Participated in the workshop of Comorbidity of medical & psychiatric disorders, 2007
- Presenting a paper in the 7th international conference of the Jordan society of Family Medicine, (Prevalence and Correlate of depression in Primary Care).

#### References:

Dr Martin Tusznski; ; Pediatrician consultant  
Monash children; Monash Medical Center/

Clayton: Victoria; . P: 0395436665. E-mail:  
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Dr. Mohammad Elmaghableh; western health  
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