

# CURRICULUM VITAE

Name: **Radwan Ali Suleiman Banimustafa**  
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Place of birth: Soof – Jordan  
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Medical school: Aristotalis University  
Salonica – Greece 1973

## **Career history:**

- \* Internship in general medicine and general surgery, at Amman base hospital 12.7.1973 – 10.8.1974.
- \* Field medical officer (G.P.) field army hospitals and medical centers Jordan 10.8.1974 – 15.9.1976
- \* Resident and senior resident in general psychiatry at King Hussein Medical Center Amman 15.6.1976 – 30.9.1979.
- \* Clinical assistant – the institute of psychiatry and the Maudsley Hospital, London, U.K. 1.10.1980 – 30.9.1982.
- \* Consultant psychiatrist in King Hussein medical center, Amman – Jordan 1.10.1982 – 28.9.1996.
- \* Chairman of the department from 1992 to Sept. 28<sup>th</sup>, 1996.
- \* Senior lecturer in psychiatry, university of science and technology, Jordan from November 1996 to May 1997.
- \* Member of the examination board of psychiatry in Jordan from 1994 to 1997 and from 2001 to date.
- \* Assistant editor – Arab journal of psychiatry from 1990 to 1997.
- \* Consultant psychiatrist, psychiatric hospital Manama, Bahrain since 28<sup>th</sup> May 1997 to 30<sup>th</sup> August 2001

- \* Assistant professor and consultant psychiatrist, The university of Jordan medical school and hospital from 6.1.2002 to 22.2.2004.
- \* Consultant psychiatrist and medical director, AL-Rashid Psychiatric Centre (teaching hospital) from 1.3.2004 to Sept. 2007.
- \* Assistant professor in psychiatry, The university of Jordan medical school and hospital since Sept.2007 to date

### **Qualifications:**

Ptychion iatrikis (medical diploma) Aristotalis university medical school Greece 1973. Grades 8/10 (very good)  
 Diploma in psychological medicine (DPM) London, U.K. 1982  
 Membership of The Royal College of Psychiatrists U.K. 1982  
 Diploma in organic psychiatry – The Institute of Psychiatry London, U.K. 1986  
 Jordan board in psychiatry 1993  
 Full registration with the general medical council, U.K. 1986.  
 Reg. no. 3230811

### **Teaching experiences:**

- \* Psychiatric tutor at princess Muna collage of nursing - Jordan armed forces medical services 1982 to 28.9.1996.
- \* Psychiatric clinical tutor for the national health institute based at King Hussein medical center from 1988 to 1991.
- \* Clinical assistant professor of psychiatry, The University of Jordan medical school, from March 1995 to November 1996. My work involved giving lectures to medical students in theoretical and clinical aspects of psychiatry and psychosocial dimensions of health and disease, conducting seminars on common psychiatric problems with students, teaching interviewing skills, clinical skills, and formulation of clinical cases and supervising out patients' clinic with students' participation.
- \* Senior lecturer in psychiatry at the University of science and technology medical school – Jordan, from November 1996 to June 1997. My work involved giving lectures in theoretical and clinical aspects of psychiatry and psychosocial dimensions of health and disease, conducting seminars on common psychiatric problems with students' participation and assessment of student performance.

\* Part-time assistant professor, medical school- Arabian Gulf University Bahrain, from Feb. 1998 to 30/8/2001.

Through this post I worked as:

\* Clinical tutor for medical students in the Manama psychiatric hospital, this involved teaching assessment skills seminars on common psychiatric topics, patient management problems, supervising students work in the outpatient clinic, community visits and assessment of students in the end of four weeks clerkship.

\* Problem coordinator and resource for the psychiatric problems.

\* Assistant professor in psychiatry in The University of Jordan medical school from 6.1.2002 to 22.2.2004.

\* Assistant professor in psychiatry The University of Jordan medical school since Sept. 2007 to date.

\* Member of the Examination Board in the Jordanian Board of Psychiatry since 1990.

\* Member of the Exam. Board of The Arab Board of Psychiatry since 2012.

\* Psychiatric trainer for primary care physicians and mental health workers sponsored by The International Medical corps (IMC) between 2005&2010.

\* Associate professor of psychiatry since May 2014

\* Chairman of the psychiatric department since June 2014

### **Clinical experience:**

My career in psychiatry started in 1976 as resident and after three years period of training in Jordan and then three years in the U.K., in 1982 I became a consultant psychiatrist in the dept. of psychiatry at king Hussein medical center – Jordan and chairman of the department from 92 to 96.

The department of psychiatry in K.H.M.C. is a 40 bed acute admission short stay unit within this 600 beds general hospital.

My work involved assessment, diagnosis and management of patients in the OPD and in the hospital. Providing psychiatric consultation service to other departments and sharing the managements of patients with them.

Supervising and teaching psychiatric residents and medical students.

Active participation and supervising of research work in the unit.

\* In May 1997 I joined the psychiatric hospital in Manama – Bahrain as consultant psychiatrist, I was in charge of general psychiatry firm for one year my work involved assessment, diagnosis and management of patients, supervising and teaching residents and medical students.

I was in charge of alcohol and drug rehabilitation unit for 2 years, my work involved assessment, diagnosis, management, supervising rehabilitation

programs of patients, supervising and teaching residents and medical students.

I was in charge of the psycho geriatric firm, Al-Farabi rehabilitation unit, and community psychiatric services for a year ended in august 2001.

\* In Jan 2002 I joined The University of Jordan hospital as a consultant psychiatrist with a lot of liaison work and out-patient population management and in-patient management in the national center for mental health. My work involves assessment and management of all types of psychiatric disorders including substance use disorders.

\* In March 2004 to August 2007, I joined Al-Rashid Psychiatric Center as a consultant psychiatrist and medical director, the job involves a lot of inpatient. And outpatient management in all aspects of psychiatry, teaching residents in addition to administrative duties.

\* Since Sept. 2007 I rejoined The University of Jordan medical school and hospital as consultant psychiatrist and faculty of the college.

### **Administrative experience**

\* Served as a chairman of the psychiatric unit in K.H.M.C 92 – 96.

\* Served as a chairman of the social committee K.H.M.C. 90 – 95.

\* Served as member of the committee for the welfare of veterans 90-96

\* Served as member of the national committee for mental health planning Jordan 89-94.

\* Served as a chairman of the psychiatric hospital drug committee 1998 Bahrain.

\* Served as chairman of the psychiatric hospital safety and infection control committee, 1999. Bahrain.

\* Served as a chairman of the psychiatric hospital committee for the welfare of the elderly in 2000-2001 Bahrain.

\* Served as member of the psychiatric hospital management board in 1998 and 2000. For 6 months term. Bahrain.

\* Served as medical director, Al-Rashid Psychiatric and drug dependence treatment Center (private teaching psychiatric hospital), since Feb 2004 to July 2007.

\* Served as member of the medical school council in the year 2010/2011.

\*Serving as member of The Aviation Supreme Medical Committee since 2006.

## **Community work**

- \* I gave many lectures on different aspects of psychiatry in many Bahraini schools over the last three years.
- \* I gave a talk about “caring for the elderly” in the international women association Bahrain march 1999.
- \* I gave a lecture on “drug abuse” in the annual meeting of east Rifaa Lion’s Club. February 2000.
- \* I gave a lecture on “postpartum psychiatric disorders” in the international association Bahrain April 2001.
- \* I gave a lecture about mental illness in Sweileh center for community development Feb. 2002 Jordan.
- \* Weekly lecture in different aspects of psychology and psychiatry for the public in AL-Rashid Psychiatric Hospital 2004-2007.
- \* I gave a lecture on substance abuse in Tabuk university for students and staff, May 2013

## **Affiliation to professional bodies:**

- \* Member of the Royal collage of psychiatrist U.K.
- \* Member of Jordanian psychiatric association.
- \* Member of the Arab psychiatric association.
- \* Member of the Islamic psychiatric association.

## **Awards:**

- \* Scholarship to study medicine 1966.
- \* During my service in royal medical service I received several medals for professional and service excellence.

## **Publications:**

- 1 - Frequency of panic among patients referred to psychiatry at KHMC.  
**The Arab journal of psychiatry 1993, vol.4 no. 2 pg84-92.**
- 2 - Mixed anxiety depression in pregnant women, the influence of misconceptions. Arab journal of psychiatry 1994, vol.5 no.2. Pg.103-113.
- 3 - Klein Levin syndrome a case report;  
**Journal of the Royal medical services, December 1996. Vol.6. pg.25-29.**
- 4 - Psychosocial aspects of limb amputation.  
**Arab journal of psychiatry may 1996 vol.7 no.1 pg.55-63.**
- 5 - Development of stress scale for health professionals in the Royal medical services.  
**Journal of the Royal medical services. June 1996. Vol.4 pg.43-51.**
- 6 - The psychological consequences of male sexual dysfunctions  
**Journal of pan-Arab league of dermatologists. Vol.7 no.2 September 1996. Pg.68-72.**
- 7 - Preparation of curriculum for in-service training in drug abuse for the United Nations developmental program (UNDP) in JORDAN 2002.
- 8 - Depressive symptoms in HIV+ drug users in Bahrain.  
**Arab journal of psychiatry. Vol.13 No.1 pg.31-35 May 2002.**
- 9 - Substance use among university and college students in Jordan –  
**Arab journal of psychiatry. Vol.14 No.2 pg.94-105 November 2003**
- 10 - Co-author of the book *general Psychology* Dar Almasirah publications- Amman 2004
- 11 - Revision of the Arabic translation of educational psychology book “student’s mind” Dar Almasirah publications, Amman/ Jordan 2006
- 12 – **Empowerment and psychological wellbeing of women in the southern region of Jordan: in the context of utilization of reproductive health care services**  
R.A. Banimustafa, A.M. Mansour, DD. H. Arabiat, Tokiko Sato, B. Obaid, Atsuko Imoto.  
**The Arab Journal of psychiatry (2011) Vol.22,No. 2 ,P. 138-146.**
- 13- **Evaluating the psychosocial and mental health consequences of abuse in Jordanian women .**  
A.M. Hamdan-Mansour, R.E. Constantino, K.r.shishani, R. Safadi, R. Banimustafa  
**East Mediterranean Health Journal , Vol. 18 , No 3 , 2012 .**
- 14– **Attitude of medical students toward psychiatry in the university of Jordan.** R.A. Banimustafa ,A.D. Shahait, H.K. Al Omari.  
**The Arab Journal of Psychiatry(2012),Vol.23,No.1, p.41-45.**

**15 – Evaluating the mental health of Jordanian women in relationships with intimate partner abuse.**

Ayman M. Hamdan-Mansour, Rose M. Constantino, Marian Farrell, Willa Doswell, Reema Safadi, Kawkab R. Shishani and Radwan Banimustafa  
**Issues in mental health nursing, May 2011, 32:1-10.**

**16– An Ethnographic –Feminist study of Jordanian women’s experience of domestic violence and process of resolution .**

R. Safadi, V. Swigart, A. Hamdan-Mansour, R. Banimustafa, R. Constantino.

**Health Care for Women International online.**

**17 – Depression and comorbid chronic illness in family practice.**

Farihan Barghouti, Nada a. Yasein, Radwan Banimustafa  
**HealthMED, Volume 7/ number 2/2013.**

**18 – Depression and coronary artery disease: Review of the literature.**  
Radwan Banimustafa.

**The Arab Journal of Psychiatry (2013) Vol. 24No.1,Page 8- 15.**

**19 – Social phobia among university student in Jordan.**

Radwan A. Banimustafa, Ayman M. Hamdan-Mansour, Jameel K. Hijazeen, Hosam Saher Abed, Fadi Walid Abdallah, Hibatullah M. Abu Elhaija, Hanan K. Omari.

**Life Science Journal 2014:11(2):93-98.**

**On going research**

Depression in Diabetic Patients

Depression among university students in Jordan

## **Papers presented in medical conferences:**

- Aspects of deliberate self-harm. The second scientific day of the medical dept. K.H.M.C. 1993.
- Psychological aspects of irritable bowel syndrome. The 3<sup>rd</sup> scientific day of the medical dept. K.H.M.C. 1994.
- Precipitating factors in schizophrenic relapse. The 6<sup>th</sup> pan-Arab psychiatric conference, Cairo 1994.
- Stress and distress in dental practice, the 5<sup>th</sup> Jordanian dental conference, Amman 1994.
- Psychiatric consultation at K.H.M.C the 10<sup>th</sup> scientific day of medical school. J.U.S.T. 1996.
- The prevalence and long-term impact of child sexual abuse among male college students. The 1<sup>st</sup> conference of the Jordanian family medicine, 1996.
- Psychological factors among functional dyspepsia patients. The 7<sup>th</sup> pan-Arab congress of psychiatry, Beirut. 1996.
- Non-compliance among psychiatric patients at K.H.M.C. the 7<sup>th</sup> pan Arab congress of psychiatry, Beirut. 1996.
- Supporting those who care for the elderly (in Arabic).
- Workshop in care, supervision and planning for the elderly population in the Arab world. Bahrain 1997.
- self-help in the elderly (in Arabic)
- Workshop on social planning and detection of needs of the elderly population in GCC countries. Bahrain 1999.
- Psychiatric aspects of epilepsy. The 1<sup>st</sup> Jordanian conference on surgical treatment of epilepsy Nov. 2003. Jordan
- Neuroimaging in psychiatry 2<sup>nd</sup> scientific day, Al-Rashid Hosp. March 2004.
- Pharmacotherapy of alcohol dependence 3<sup>rd</sup> scientific day, Al-Rashid Hosp. July 2004.
- Substance use among Jordanian university and college students , the 1<sup>st</sup> Royal medical services psychiatric conference October 2008 .
- Depression in chronically ill patients in primary care. Conference Anxiety and Depression, The University of Jordan 2012



## **Conference & workshop participations:**

Over the last few years, I participated in the following conferences:

- The American psychiatric association annual meeting 1994 Philadelphia.
- The 7<sup>th</sup> pan Arab congress of psychiatry 1996 Lebanon.
- Network conference, October 2000 AGU Bahrain.
- American psychiatric association annual meeting 2005.
- The 4<sup>th</sup> international schizophrenia and bipolar disorder forum, Budapest, Hungary, 2006.
- 13<sup>th</sup> World Psychiatric association meeting, Cairo, 10-15 Sept. 2005.
- 19<sup>th</sup> Congress of European College of neuro-psychopharmacology, Amsterdam, Oct. 2009.
- The American psychiatric association meeting 2010
- The first British Arab and Bahraini psychiatric association's conference, Manama 15-17 April 2010.
- Workshop on Advancing the Care and Optimizing the Care. Dubai, UAE 2013
- The European college of neuropharmacology(ECNP) annual meeting Berlin /Germany November 2014.
- Optimizing the care in schizophrenia Janssen-Cilag Workshop Al-oqsour /Egypt March 2015

## **References:**

Professor Abdulmanaf Aljadiri  
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