

Curriculum Vitae

DR MUNIR AHMAD ABU-HELALAH

MD, MPH, PHD

Associate Professor, Consultant of Epidemiology and Preventive Medicine

Community Medicine Specialist

Consultant Epidemiology and Preventive Medicine

Dr Munir Ahmad Awad Abu-Helalah

MD, MPH, PHD

Associate Professor, Consultant of Epidemiology and Preventive Medicine

Winner of the First place in HRH Prince Saud Bin Nayef Prize for the Best Cancer Researcher in the Arab World in its first round, 2014

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Date of Birth: 20th September 1977

Nationality: Jordanian

EMPLOYMENT

10 March 2024 Until date	Smoking cessation and Preventive Medicine Clinic Jordan University Hospital
27 October 2023-until date	Director, Public Health Institute University of Jordan Amman, Jordan
1 October 2023-until date	(In process of Promotion to full Professor) Associate Professor of Epidemiology and Preventive Medicine Consultant of Preventive Medicine Department of Family and Community Medicine School of Medicine Jordan University
16 February 2016- Aug 2017, Sep 2021-Sep 2023	Associate Professor of Epidemiology and Preventive Medicine Early Promotion and awarded Extra one year in service for publications and achievements Department of Public Health and Community Medicine Faculty of Medicine Mutah University, Jordan Teaching first, second and third year medical students Teaching and direct supervisor for master's degree students within the The program titled: Master of Public Health Administration
1 February 2020-1 August 2021	Chief Executive Officer Regional Center for Disease Control and Prevention RCDCP Non-Profit NGO Amman, Jordan
1 September 2019-2020	Regional Director, Middle East and North Africa Cancer Control Programs Cancer Care Commission Oxford, UK

1 February 2020- Until date (2012-2016)	Consultant clinical preventive medicine Private Sector Amman, Jordan
1 Sep 2017- August 2021	Adjunct Associate Professor of Epidemiology and Preventive Medicine, College of Medicine AlFaisal University, KSA Lead Investigator: Vaccines Research Group Teaching and direct supervisor for master's degree students within the The program titled: Master of Public Health-Infection Control Regional Director, Middle East, North Africa& Central Asia Global Academy for Health Sciences (GAHS), Ohio, USA International Director, Center for Public Health and Disease Control, GAHS, OH, USA Regional office, Dubai, UAE
April 2012- Dec 2019	
1 March 2012- 31 August 2017	Part-time Consultant of Epidemiology and Preventive Medicine National Guard Health Affairs, KSA
1 March 2013- 31 May 2017	Consultant Preventive Medicine: CVDs risk, prediabetes management, familial cancer. Running the first Preventive Medicine service clinical services in Jordan and in charge smoking cessation Clinic at the Ministry of Health Jordan, in charge of clinical quality and guidelines developments
1 March 2013- 31 May 2017	Honorary Regional Representative, Middle East and North Africa Center for Public Health and Disease Control Global Academy for Health Sciences Ohio, USA Joined on full time basis from 1 June 2017
13 February 2012-12 February 2016	Assistant Professor of Epidemiology and Preventive Medicine Faculty of Medicine Mutah University
March 2011-February 2012	Assistant Professor of Epidemiology and Preventive Medicine Department of Epidemiology and Biostatistics Faculty of Public Health and Health Informatics King Saud Bin Abdel Aziz University for Health Sciences Al Riyadh, Saudi Arabia Main Duties: Teaching and direct supervisor for master's degree students in the following programs: Epidemiology, Public Health, Healthcare Quality, Health Informatics
2009-2010	Senior Officer- Cancer Control Program Epidemiologist and Preventive Medicine Specialist King Hussein Cancer Center Amman, Jordan
July 2007-August 2008	Clinical Research Fellow in Epidemiology and Preventive Medicine Wolfson Institute of Preventive Medicine Barts and The Royal London School of Medicine, Queen Mary University of London

Dec 2004-March 2009

**Part-time consultant epidemiologist for Electronic Health System
NHS, UK**

2001-2002

One-year Internship, Ministry of Health Hospitals, Jordan

EDUCATION

July 2024

Arab Board in Community Medicine

2004-2008

PhD in Epidemiology and Preventive Medicine

Wolfson Institute of Preventive Medicine

Barts and The Royal London, Queen Mary's School of Medicine and Dentistry, University of London, United Kingdom

Field work: **Screening programme and a randomised double-blind cross-over clinical trial**

Oct/2002-Feb/2004

Master of Public Health (MPH)

University of Dundee-United Kingdom

Modules covered during the course:

Clinical Epidemiology, Public Health, Environmental Health, Research Methods, Statistics, Health Economics, Behavioural Sciences, Health Promotion, health care

SEP 1995- JUN 2001

Bachelor of Medicine, Bachelor of General surgery (MBBS)

Jordan University of Science and Technology (JUST)

Irbid-Jordan

1995

Secondary school education- Scientific Stream

Jordan

Percentage Average: 97.5%

HONORS AND AWARDS

1 June 2021

Distinguished Researcher Award- Mutah University, Jordan

20 December 2020

Arabic Innovative Projects for year 2020

Dubai Future Foundation, UAE

10 April 2014

First place in His Royal Highness Prince Saud Bin Nayef Prize for the Best Cancer Researcher in the Arab World and The Middle East for researchers younger than 40 in its first round.

March 2007

Fellowship in Epidemiology and Preventive Medicine from Barts and The Royal London School of Medicine and Dentistry University of London

MEMBERSHIPS AND COMMITTEES

June 2004

Member of the national immunization manual development

2024-2025

Member of the Board of Graduate Studies, University of Jordan

2024-2025	Member of the Graduate Studies Council, Department of Family and Community Medicine, Faculty of Medicine, University of Jordan
2024-2025	Chairman of the committee to develop a master's program in personalized medicine and medical biotechnology. Program has been approved by the Ministry of Higher Education
2023-2025	Risk Management, Environment and Public Safety Committee, Faculty of Medicine, University of Jordan
2023-2024	Member of the Committee for the Development of the master's Program in Health Economics and Health Policy
2023-2024	Member of the Committee for the Development of the Higher Diploma Program in Respiratory Care
1 October 2023-Sep 2024	Scientific Research Committee, School of Medicine, University of Jordan
1 December 2023	Employment committee Chair, Institute of Public Health
1 October 2023	Scientific Committee, Master of Health Economics and Health Policy
March-June 2023	Chair, Scientific committee for High-risk group vaccination against influenza.
Jan 2021-December 2021	Track Lead: Non-Communicable Diseases Domain, Jordan Health Security taskforce, Research Fund Office, Ministry of Higher Education, Jordan.
Oct-2020-April 2021	Member of the national epidemiology committee, Jordan
Oct-2020-April 2021	Member of the COVID-19 epidemiological evaluation subcommittee, Jordan since October 2020
21 Nov-2020- April 2021	Member of the COVID-19 therapeutic subcommittee, Jordan
Oct 2019 until date	Member of National Immunization Technical Committee, Jordan
April-2020 until date	Head of Alfaisal University, COVID-19 Research Group
Dec/2018 until date	Advisory Board Member: WAOCP (West Asia Organization for Cancer Prevention, APOCP's west Asia chapter)
April 2018 until date	Member of the UICC Global Committee for Reviewing National Cancer Control and Chronic Diseases Control Programs. Geneva, Switzerland Member of the MENA NCCN guidelines for colorectal cancer. KSA, USA
March 2018-June 2019	Consultant for the Country of Algeria Cancer screening programs

June 2018	Member of Alfaisal University Research Group
Nov 2018 until date	Member of West Asia Advisory Group for Cancer Control and Cancer Research
Jan 2018 until date	Member of the UICC Global National Cancer Control Programs
Dec 2017 until date	Algeria National Cancer Control Program regional advisor
Sep 2012-until date	Member of Research Ethics Committee Faculty of Medicine, Mutah University, Jordan
Sep 2012-until August 2017	Member of the Scientific Committee National Guard Health Affairs, Saudi Arabia
Feb 2013-until date	Member of the Kuwaiti Cancer Control Technical committee
Feb 2013-May 2019	Member of the Breast Cancer Technical Committee. Jordan Breast Cancer Program
Feb 2013-until date	Member of the Pan Arab Cancer Control Technical committee
Sep 2012-until August 2014	Member of Creativity and students' activities Committee Faculty of Medicine, Mutah University, Jordan
2010-until date	Member of the United International Against Cancer
2009-2010	Member of Infection Control Committee King Hussein Cancer Center
2002-until date	Jordan Medical Association

RESEARCH GRANTS:

1. RSV virus burden in the Middle East: national epidemiological, clinical and Pharmacoeconomics study

Phase 1: Jordan completed. Phase II: Saudi Arabia, Egypt and Algeria
2. Epidemiological, clinical and health economics burden of selected URTIs infections with focus on Klebsiella, influenza, Parainfluenza, Metapneumovirus in Jordan, KSA and Egypt

Phase 1: Jordan completed. Phase II: Saudi Arabia, Egypt and Algeria
3. Saudi Pneumococcal Diseases burden and serotypes- in process.
4. Epidemiology of Strep. Pneumonia serotypes in Jordan- completed.
5. Middle East Adaptive Phase II/III chemoprevention clinical trial for COVID-19 amongst close contacts. June 2020.
Pilot Phase Tunisia and Morocco
6. National Saudi Project for Surveillance for meningococcal diseases
7. Hexavalent vaccines in Jordan: cost minimization study.
8. Epidemiology of thyroid dysfunctional disorders in Jordan. Grant from Scientific Research Fund, Ministry of Higher Education, Jordan. Awarded on 29 December 2014. Project duration: 18 months
9. Search for new genetic mutations for breast cancer among high-risk population. Awarded on 15 November 2014. Project duration: 18 months

10. Predictors of development of hypothyroidism. Awarded on 15 November 2014. Project duration: 18 months
11. Predictors of access to Primary care in Jordan. Grant Awarded January 2015
12. Quality of life and psychological wellbeing for breast cancer and colorectal cancer survivors in the Kingdom of Saudi Arabia: King Abdullah International Medical Research Center.
13. Delay in presentation, diagnosis and treatment for breast and colorectal cancer patients in Jordan. Grant from Jordan University for Science and Technology. Awarded on 10 April 2014. Project duration: 12 months
14. Contributed to grant from BUPA Foundation for Cross over randomized clinical trial to assess the value of screening for adult hypothyroidism. Awarded on 2 May 2005. Project duration: 36 months

More than 30 educational grants for research workshops and scientific meetings.

Courses and training

1. As Course Director

28 August 2024	<ul style="list-style-type: none"> - Invasive Meningococcal Disease in the KSA - Surveillance - Diagnosis - Management - Prevention - Towards Centers of Excellence - Tabuk-KSA
27 August 2024	<ul style="list-style-type: none"> - Invasive Meningococcal Disease in the KSA - Surveillance - Diagnosis - Management - Prevention - Towards Centers of Excellence - AlQurayyat-KSA
20 August 2024	<ul style="list-style-type: none"> - Invasive Meningococcal Disease in the KSA - Surveillance - Diagnosis - Management - Prevention - Towards Centers of Excellence - Dammam-KSA
19 August 2024	<ul style="list-style-type: none"> - Invasive Meningococcal Disease in the KSA - Surveillance - Diagnosis - Management - Prevention - Towards Centers of Excellence - Hafuf-KSA
18 August 2024	<ul style="list-style-type: none"> - Invasive Meningococcal Disease in the KSA - Surveillance - Diagnosis - Management - Prevention - Towards Centers of Excellence - Riyadh-KSA
16 April 2024	<ul style="list-style-type: none"> - Advanced Medical Research workshop (Part 2) - Gave a Lecture to the Faculty Members - Faculty of Medicine, University of Jordan, Amman, Jordan

5 March 2024	Advanced Medical Research workshop (Part 1) Gave a Lecture to the Faculty Members Faculty of Medicine, University of Jordan, Amman, Jordan
20-21 May 2022	5th National Conference on vaccines Amman, Jordan President
27-28 August 2021	Vaccines Evidence Based Summit Amman, Jordan President
May-July 2021	Advanced Program in Pharmacoeconomics and Evidence Based Medicine for Jordan Hybrid program (On-site and virtual) Amman, Jordan
29 June 2021	Biologics and Biosimilars for Healthcare Professionals Amman, Jordan
4 March 2021	Biologics and Biosimilars for Decision makers and regulatory bodies Amman-Jordan
9&10 December 2020	Jordan National Pharmacoeconomics Summit Amman, Jordan
10&12 September 2020	International Summit: vaccines and antimicrobials Amman, Jordan
9 September 2020	Workshop on vaccines Amman, Jordan
July-August 2020	Advanced Medical Research program for Infection Control officers, KSA Every Tuesday from 2-5pm for 8 weeks.
6-7 March 2020	ASCO DIRECT Uro-Oncology Summit Beirut, Lebanon Speaker, Regional Director
3 March 2020	Introduction to Medical Research Workshop Faculty of Medicine, Mutah University, Karak, Jordan Speaker and Chairman of the Scientific Committee
1-2 November 2019	ASCO DIRECT Uro-Oncology Summit Riyadh, KSA Speaker, Regional Director
18-19 October 2019	International Summit on Gastrointestinal Malignancies Riyadh, KSA Speaker, Regional Director

28 Sep 2019	Multiple Myeloma master Class Multiple myeloma registry development and quality of life assessment in oncology patients Doha, Qatar Speaker and regional Director
21-22 June 2019	Multiple Myeloma master Class Alger, Algeria Speaker and regional Director
19-20 April 2019	Second Regional Vaccines Summit Riyadh, KSA Speaker and regional Director
22-23 February 2019	ASCO DIRECT Uro-Oncology Summit Beirut, Lebanon Speaker, Regional Director
8-9 February 2019	End of Year Gastrointestinal Malignancies Summit Riyadh, KSA Speaker, Regional Director
25-26 January 2019	End of Year Genitourinary Malignancies Summit Riyadh, KSA Speaker, Regional Director
4-5 January 2019	Algeria Pharmacoeconomics Summit Algiers, Algeria Speaker and Regional Director
12-13 December 2018	Saudi Pharmacoeconomics Summit Riyadh, KSA Speaker, Regional Director
23-24 November 2018	LEVANT And Iraq Advanced Medical Research Symposium Amman, Jordan Speaker, Regional Director
15-17 November 2018	The 2nd International Forum on Drug Quality and Pharmacovigilance Riyadh, KSA Speaker, Regional Director
2-3 November 2018	Rational Use of antibiotics and Antimicrobial Stewardship Programs Amman, Jordan Speaker, Regional Director
4-6 October 2018	Constantine, Algeria Oncology Conference Algeria Keynote Speaker: Prevention and Control of Cancer in the MENA region.

21-22 September 2018	Global Summit on Gastrointestinal Malignancies Dubai, UAE Speaker
10 - 11 May 2018	Symposium on Vaccine: Updates Riyadh, KSA Speaker, Regional Director
4 - 5 May 2018	ASCO DIRECT Uro-Oncology Summit Dubai, UAE Speaker
11 - 12 April 2018	Biologics and Biosimilars for Decision Makers, Authorities and Health Care Professionals Algiers, Algeria Speaker, Regional Director
25 March 2018	Prostate Cancer Preceptorship Riyadh, KSA Speaker
24 March 2018	Saudi Updates in Renal Cell Carcinoma Management Riyadh, KSA Speaker
9-11 March, 2018	2nd Jordan JFDA International Congress: Pharma Industry and Clinical Trials Growth & Innovation Amman, Jordan Speaker, Regional Director
29-30 December 2017	State of Art Management of Breast Cancer (The Year in Review): Introduce Updates in Breast Cancer Management. Riyadh, KSA Speaker
1-2 December 2017	Gastrointestinal, Hepatic and Pancreatic Malignancies Symposium: The Year Review Introduce Updates in GI Malignancies Riyadh, KSA Chairman of GI Malignancies Prevention Roundtable
16-18 November 2017	International Forum on Drug Quality (IFDQ 2017), Access to Quality Medications Riyadh, KSA Speaker, Regional Director
27-28 October, 2017	Global Summit on Antimicrobial Resistance Dubai, UAE Moderator, Regional Director

12-14 October 2017	Global Biosimilars Summit Dubai, UAE Regional Director
6 – 7 October 2017	PRISE EN CHARGE DU MYÉLOME MULTIPLE Master Class ALGER, ALGÉRIE Moderator, Regional Director
17-19 August 2017	Advanced Medical Research Methodology Amman, Jordan Speaker, Course Director
8-10 December 2016	Biologics for health care authorities Beirut, Lebanon Regional Director
14-15 November 2016	Introduction to clinical trial and GCP course Beirut, Lebanon Speaker, Course Director
7-9 October 2016	Role of GPs in early detection and prevention of breast cancer and lymphoma Beirut, Lebanon Speaker, Course Director
9-10 May 2016	Biosimilars in clinical practice Beirut, Lebanon Regional Director
15-16 November 2015	Basic Research Methodology King Abdullah International Medical Research Center
13-15 Jan 2015	Advanced Research Methodology King Abdullah International Medical Research Center Dammam, KSA
20 November 2014	Smoking cessation clinical management for health care professionals Jordan anti-smoking society Faculty of Medicine Mutah University Karak, Jordan Workshop director and speaker
15-17 Sep 2014	Advanced Research Methodology King Abdullah International Medical Research Center Hafuf, KSA
30 April 2014	Tips for proposal writing and successful grant application. National Guard Health Affairs AlAhsa, KSA Workshop director and speaker

30 April 2014	Questionnaire Design National Guard Health Affairs AlAhsa, KSA Workshop director and speaker
9 April 2014	Nurses Role in Quality Cancer Care. Oncology Nursing Society accredited. Dammam. KSA.
24-25 December 2013	Advanced Research methodology National Guard Health Affairs AlAhsa, KSA Workshop director and speaker
27-28 August 2013	Advanced Research methodology National Guard Health Affairs AlAhsa, KSA Workshop director and speaker
17-18 February 2013	Smoking cessation clinical management for health care professionals Novartis Pharmaceuticals Dammam, KSA Workshop director and speaker
7 October 2012 And 7 April 2013	Breast Cancer Screening Campaign Branches of Mercy Society Karak, Jordan Presentation on breast cancer screening
26-27 September 2012	Physical Activity for Patients with Non-Communicable Diseases Eastern Mediterranean Public Health Network Amman, Jordan Workshop director and speaker

2. As a speaker and instructor

18-20 October 2025	The 11th Congress of the European Academy of Paediatric Societies (EAPS 2025)
9-11 May 2024	12th IPCRG World Conference 12th international Primary Care Respiratory Group World Conference by ERASMUS
10 October 2024	The First Jordanian Rheumatology Scientific Day Bridging Research and Practice in Jordan
16 April 2024	MSD JAMEL Vaccines Summit
1-2 February 2024	Healthcare policies in Emerging Markets, Boehringer, Dubai, UAE
8-12 May 2023	41st Annual Meeting of the European Society for Paediatric Infectious Diseases Lisbon & Online
20 April 2023	MSD JAMEL Vaccines Summit

7-10 March 2023	10th International Conference of the Royal Medical Services Presentation Title: Novel Mutations for Breast and Ovarian Cancers in Jordan: A Pilot Study for Familial Cancer Services in Jordan. King Hussein Bin Talal Convention Center, Dead Sea, Jordan
18 October 2022	Medicine & Preventive Medical Screening
4 June 2022	MSD JAMEL Vaccines Summit
3 November 2021	EEMA Regional vaccines summit Lecture: Rota virus vaccines in Jordan: success story
29 October 2021	International Breast Cancer Prevention symposium Lecture title: Breast cancer care in the MENA Region
11 December 2020	Bridging the GAP-III in vaccines in Jordan Speaker: Evidence Based Approach in decisions in vaccines
7 December 2019	Bridging the GAP-II in vaccines in Jordan Speaker: Evidence Based Approach in decisions in vaccines
15-16 December 2016	Oncology Research Summit Arab Collaborative for Hematology and Oncology in collaboration with King Abdulaziz Medical City, Riyadh KSA
26-27 October 2016	Jordan FDA First Annual Conference Oral Presentation Initiative to support cancer care in Jordan.
4 May 2016	2015 Best of ASCO Meeting Saudi Arabia: Cancer Control at Primary Care in the Middle East AlKhobar, Saudi Arabia
12-13 November 2015	Introduction to clinical research Imam Abdulrahman Alfaisal Hospital Dammam, KSA
7-8 October 2015	Clinical trials Training Program Saudi Thoracic Society Instructor for protocol design Presentations:
27-29 August 2015	World Congress on Cancer Prevention and Methods Dubai, UAE Oral Presentation
3-5 August 2015	Breast cancer Congress Birmingham, United Kingdom Abstract accepted for Oral Presentation

1 May 2014	KAIMRC-ER 3RD Research Day King Abdullah International Medical Research Center, Eastern Region National Guard Health Affairs Ministry of National Guard AlAhsa, KSA
9-10 February 2014	Budget and grant application in clinical research Lifecycle of clinical research Jeddah, KSA
9 January 2014	1ST Scientific Day Karak Governmental Hospital, Faculty of Pharmacy, Mutah University, Jordan Haematology Association Karak, Jordan
10-11 April 2013	9th Scientific Conference Faculty of Medicine Mutah University Karak Jordan
10-11 February 2013	Initiative to improve cancer care in the Arab world: applied strategy. Kuwait Oncology Society and Kuwait Institute for Medical Specialties AlSalimiyah, Kuwait Speech: Cancer control in the Arab world: how to make a good start
1-15 November 2012	TEPHINET SEVENTH GLOBAL Scientific Conference Amman, Jordan
9 April 2012	7th Scientific Conference Faculty of Medicine Mutah University Karak Jordan
23-24 March 2012	Clinical Research Training Program in Haematology and Oncology Arab Collaborative Hematology and Oncology Group (ACHOG) And American Oncology Association (ASCO) Amman, Jordan 1. Presentation: Quality of life assessment in oncology research 2. Session facilitator: cancer research capacity building
18-19 December 2011	THE 2nd KAIMRC ANNUAL SCIENTIFIC FORUM, King Abdullah International Medical Research Center, National Guard Health Affairs 18-19 DECEMBER 2011
July 2010	Second Sydney Cancer Conference (SCC2010) Barriers to mammography screening for breast cancer in Jordan Sydney-Australia
23-28 August 2009	Cancer Control Capacity Building workshop organised by International Union Against Cancer (UICC) Istanbul, Turkey
11 May 2009	Scientific Research in Jordan: Stimulation and sources of internal and external funding King Hussein Bin Talal University, Maan, Jordan
10 March 2009	Pandemic flu control Royal London Hospital, UK
13 February 2007	Hypertension Masterclass - Hypertension & Cerebrovascular Disease British Hypertension Society Glenfield Hospital, Leicester, UK

2004-2008	Wolfson Institute of Preventive Medicine seminar series covering cardiovascular, cancer, and diabetes epidemiology and Prevention
1 November 2002	Public Health Sciences Centenary Conference Edinburgh, UK

3. As an Attendee

25 November 2024	Biohazard, Biosafety and Sample Processing for Invasive Meningococcal Diseases
24 November 2024	Academic Portfolio Center for Excellence in Learning and Teaching, University of Jordan, Amman, Jordan
20 November 2024	Invasive Meningococcal Diseases: Patients and Samples Pathway
18 November 2024	Infection Control in Invasive Meningococcal Diseases
13 November 2024	Updates on Management of Invasive Meningococcal Diseases for Paediatrics (Part -2)
11 November 2024	Updates on Management of Invasive Meningococcal Diseases for Paediatrics (Part -1)
6 November 2024	Surveillance for Invasive Meningococcal Diseases
4 November 2024	Epidemiology and Prevention of Invasive Meningococcal Diseases
30 October 2024	Updates on Diagnosis of Meningococcal Diseases
1-10 October 2024	Development of Faculty New Faculty Members Center for Excellence in Learning and Teaching, University of Jordan, Amman, Jordan
12 October 2023	Preparing Model Lectures and Creating Interactive Content Using H5P Tools Accreditation and Quality Assurance Center, University of Jordan, Amman, Jordan
7-10 March 2023	10th International Conference of the Royal Medical Services King Hussein Bin Talal Convention Center, Dead Sea, Jordan
3 November 2021	EEMEA Vaccination Summit: Peds Vaccination: A call to action! MSD
2-3 June 2021	Advanced Educational Program in Pharmacoeconomics The Regional Center for Disease Control & Prevention
26-27 May 2021	Third National Conference for Food and Drug Industry (Food and Drug Security) Mutah University, Karak, Jordan

Technical Reports:

April-October 2020	Guidelines for treatment of COVID-19 in the MENA region
Dec 2011-February 2012	Development of National Guard Health Affairs Stroke Registry Stroke Registry Team
2017- Until date	MENA NCCN guidelines for Colorectal cancer Annual basis meeting
March 2011	Guidelines for use of smoking cessation therapies at smoking cessation clinic, King Khalid Military College Submitted to the Department of Family Medicine King Abdulaziz Medical City, Riyadh National Guard Health Affairs
February 2010	Guidelines for National Breast cancer Screening Units Accreditation Jordan Accreditation Council

**SPECIFIC TRAINING IN MEDICAL RESEARCH, CLINICAL EPIDEMIOLOGY,
PREVENTIVE MEDICINE AND MEDICAL SCREENING**

30 September 2011	Good Clinical Practice (ICH-GCP) Course King Abdullah International Medical Research Centre National Guard Health Affairs
14-15 February 2010	Research Using Cancer Registry Data Middle East Cancer Consortium Antalya-Turkey
October 2009	National Institute of Health (NIH) certificate in medical ethics
March 2009	Pandemic flu control St Barts and Royal London Hospitals and NHS Trust, UK
Feb-April 2007	Critical appraisal of medical research course (surveys, cross-sectional studies, case control studies, cohort studies and clinical trials) Barts and The London, Queen Mary's School of Medicine and Dentistry, University of London
2007	Attachment at the Cancer Research UK department Cancer's screening
Sep-Dec 2006	Communicable Diseases Control module Covering communicable diseases control and vaccines policies Under supervision of Professor Armine Sefton Joint course between City University and Barts and The London, Queen Mary's School of Medicine and Dentistry, University of London
10-13 May 2005	Intensive course on screening for Down's Syndrome The Wolfson Institute of Preventive Medicine, Barts and The London School of Medicine, Queen Mary University of London
Jan-April 2005	Advanced research Methods module

Joint course between City University and Barts and The London, Queen Mary's School of Medicine and Dentistry, University of London

Covering: research methods, protocols design, application for funding, medical ethics and projects management

Jan-April 2004

Advanced Epidemiology and statistics module

The Wolfson Institute of Preventive Medicine, Barts and The London School of Medicine, Queen Mary University of London

10-17 Dec 2003

Problem Based Learning

Barts and The London, Queen Mary's School of Medicine and Dentistry, University of London

Presentations in Ground Round Lectures:

8 October 2012

Medical screening

Ground Round: King Abdulaziz Medical City, Eastern Region, KSA

6 April 2011

Barriers to mammographic screening for breast cancer in Jordan

Scientific Day for Faculty of Medicine-Jordan University

Made on my behalf my SaifQatarneh, 6th Year Medical Student and a research team member

6 April 2011

Attitudes and Perception of Medical students towards Medical

Research at the University of Jordan

Scientific Day for Faculty of Medicine-Jordan University

Joint Presentation with Dr Muhammad Hirzallah, Junior House Officer and a research team member

6 February 2010

Cancer Epidemiology in Jordan and worldwide

AlHashemite University

Zarga-Jordan

12 May 2009

Medical Screening

Faculty of Medicine, Mu'tah University, Jordan

10 March 2005

Cross-over double blind randomised clinical trial to assess the value of screening for adult hypothyroidism.

Department of Primary care and Community Medicine, Barts and the London, Queen Mary's School of Medicine and Dentistry, UoL

7 June 2003

Intervention for smoking cessation amongst secondary School children in Dundee

Department of Epidemiology and Public Health

Ninewells Hospital and Medical School, Dundee, UK

December 2002

Food borne illnesses in Jordan.

Department of Epidemiology and Public Health

Ninewells Hospital and Medical School, Dundee, UK

October 2001

Bronchial Asthma

Al Bashir Hospital, Amman, Jordan

Specific interests in:

Thyroid, cancer, diabetes and cardiovascular diseases epidemiology and prevention

Medical screening programmes particularly for breast and colorectal cancers, hypothyroidism and diabetes

Quality clinical indicators

Disease control and prevention programs

Access to health care

Smoking cessation therapies and programmes

Survey, cross-sectional studies.

Analytical studies: case control and cohort studies

Clinical trials (phase III and IV)

Drawing clinical guidelines

Vaccination programs

Skills

Preventive Medicine Specialist duties covering:

Primary Prevention: aims to prevent the occurrence of the disease or health care problem through control of risk factors and causes of health problems.

Secondary Prevention: aims to detect disease or health care problem at early stages through screening and early detection and to provide treatment, which cure the disease or prevent its progression, and to draw guidelines for treatment.

Tertiary prevention: aims to improve the quality of life of the patients and their families by decreasing suffering and disabilities and to prevent further complications, screening and early detection of recurrent conditions and complications.

Epidemiology: Studying determinants and distribution of diseases and health care problems

Evidence Based Medicine: utilizing local data and available solid scientific evidence.

Vaccines policies and health economics

General Public Health activities including health promotion.

Medical research: (methods, conduct and management)

This cover: initial evaluation, literature review, protocol design, applications for funding and Ethical approval, conduct of project, maintenance, evaluation, analysis and results dissemination and conclusions.

Public Health programs conduct and assessment: particular interest in screening programs and smoking cessation.

Ethics in Medical Research

Communicable diseases control: Outbreaks investigations, drawing immunizations policies and guidelines, control of infections at health care services and at a community level.

General Practice Doctor

Health Care management and quality assurance of health care services

Statistical programmes:

Good experience in STATA 10

Computing Skills

Microsoft Office suite (Word, PowerPoint, Excel and Access), **Info and Internet Explorer**

Publications and journals' reviews

Editorial board

Global Journal on quality and safety in healthcare
Asian Pacific Journal of Cancer Control and Prevention
Public Health in Developing countries.
Journal of Cancer Studies, California, USA
Journal of Health Informatics in Developing Countries
World Journal of Clinical Pharmacology

Publications

1. Knowledge of, Attitudes toward, Barriers to, and Uptake Rate of Influenza Virus Vaccine among Adults Aged ≥ 65 Years in Jordan: A Multicenter Cross-Sectional Study
M Abu-Helalah, M Al-Hanaktah, M Almadani, A Asfour, FE Batarseh, ...
Risk Management and Healthcare Policy, 2121-2137
2. Uptake rate, barriers, and attitudes towards mammography screening for breast cancer in Jordan
M Abu-Helalah, A Asfour, M Almadani, M Alfayyadh, S Halayqeh, ...
Annals of Medicine 57 (1), 2514945
3. Knowledge, attitudes, barriers and uptake rate of influenza virus vaccine among adults with chronic diseases in Jordan: a multicentric cross-sectional study
M Abu-Helalah, T Gharibeh, M Al-Hanaktah, I Khatatbeh, F Batarseh, ...
Frontiers in Public Health 13, 1603482
4. Predictors of Mortality in Medical ICU Patients: A Retrospective Study in a Tertiary Care Center in Jordan
T Gharibeh, M Abu-Helalah, H Alshraideh, M Abu Awwad, Z Al Bzour, ...
Journal of Clinical Medicine 14 (12), 4039
5. Knowledge, Attitudes, Barriers and Uptake Rate of Influenza Virus Vaccine among Physicians in Jordan: A Multicentric Cross-Sectional Study accepted for publication in the Journal of Preventive Medicine and Public Health (vol. 58, no. 5, September 2025).
6. Mohammed, A., Alshraideh, H., Abu-Helalah, M., & Shamayleh, A. (2025). An explainable non-invasive hybrid machine learning framework for accurate prediction of thyroid-stimulating hormone levels. Computers in Biology and Medicine, 189, 109974.
7. Abu-Helalah, M., Abdelhadi, N. N., Al-Hanaktah, M., Asfour, A., Harahsheh, M. A., Abu Mahfouz, R., ... & Al Mughrabi, L. (2025). Knowledge, attitudes, barriers and uptake rate of influenza virus vaccine among children from 6 months to 5 years of age in Jordan: a multicentric cross-sectional study. Italian Journal of Pediatrics, 51(1), 123.
8. Abu-Helalah, M.; Abu Lubad, M.; Al-Hanaktah, M.; Al Tibi, A.; Alhousani, M.; Drysdale, S.B. The Epidemiology and Clinical Burdens of Human Parainfluenza Virus Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study. Viruses 2025, 17, 170. <https://doi.org/10.3390/v17020170> Abu-Helalah, M., Al-Shatnawi, S. F., Abu Lubad, M., Al-Zayadneh, E., Al-Hanaktah, M., Harahsheh, M., AL-Iede, M., Nafi, O., Yousef, R., Almaaitah, I., Ababneh, M., AlZubi, T., Abu Mahfouz, R., Adaylah, H., AlHajaj, H., Al Tamimi, M., & Drysdale, S. B. (2025). The Epidemiology and Health Burdens of Influenza Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study. Vaccines, 13(1), 12. doi: 10.3390/vaccines13010012
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Papers submitted for publications

44. The Epidemiology and clinical characteristics of Respiratory Syncytial Virus Infections Amongst high risk Children Under 5 Years of Age At the Emergency and Outpatients settings in Jordan - In process of publication
45. Knowledge, Attitudes, Barriers and Uptake Rate of Influenza Virus Vaccine Among Pregnant Women in Jordan: A Multicentric Cross-Sectional Study - In process of publication
46. The Epidemiology and Clinical Burden of Human Adenovirus Respiratory Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study - In process of publication
47. Research Participation Amongst Medical Residents At The Ministry Of Health Jordan: Participation Rate, Knowledge, Attitudes and Barriers - In process of publication

Papers in process:

48. Incidence of Device infections in Medical ICU Patients: A Retrospective Study in a Tertiary Care Center in Jordan
- 49.
50. Incidence of Nosocomial Urosepsis in Medical ICU Patients: A Retrospective Study in a Tertiary Care Center in Jordan
51. Incidence of Nosocomial Pneumonia in Medical ICU Patients: A Retrospective Study in a Tertiary Care Center in Jordan
52. The Epidemiology and Clinical Burdens of Human RSV Infections Amongst High Risk Groups of Age in Jordan: A National Multi-Center Cross-Sectional Study
53. The Epidemiology and Clinical Burdens of Human COVID Virus Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study
54. The Epidemiology and Clinical Burdens of Human Rhino Virus Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study
55. The Epidemiology and Clinical Burdens of Human Boco Virus Infections Amongst Hospitalized Children Under 5 Years of Age in Jordan: A National Multi-Center Cross-Sectional Study
56. Migraine Prevalence and Triggers Among Medical Students at the University of Jordan: A Cross-sectional Study
57. Tobacco Smoking Amongst people aged 15 or older in Jordan National cross-sectional study.
58. Predictors of asthma attacks among children.
59. Investigating Control, Complications, Quality of Life, Medication Compliance, and psychological Aspects of Patients with Rheumatoid Arthritis in Jordan.
60. Investigate the prevalence of cigarettes, hookahs and e-cigarettes among Jordanian adults with selected common chronic illness.
61. Value of screening high risk patients for chronic kidney disease in Jordan: pilot national study.

62. Investigating Control, Complications, Quality of Life, Medication Compliance, and psychological Aspects of Patients with Chronic Obstructive Lung Disease in Jordan.
63. Generate population norms, assess quality of life and psychological wellbeing, and identify predictors of EQ-5D scores using Arabic-translated EQ-5D-5L among adult and geriatrics Jordanian population.
64. SARS-Cov-2 epidemiological, clinical and financial burden in Jordan amongst children younger than 5 years of age.
65. Protocols for management and control of COVID-19 at quarantines in the KSA
66. Quality of life and psychological wellbeing for patients with hypothyroidism
67. Quality of life and psychological wellbeing for patients with hypothyroidism
68. Hypothyroidism control and patients' compliance with medications
69. Mental wellbeing and quality of life population norms for the country of Jordan
70. Jordanian Population Norms for Quality of life and Psychological Wellbeing.
71. Quality of life and clinical outcomes of bariatric surgery in Saudi Arabia
72. Prevalence of stress among medical students in the eastern region of Saudi Arabia

Abstracts:

73. Search for new genetic mutations amongst breast and ovarian cancer patients with strong family history. 9TH Breast Cancer Global Conference. London, UK. 12-15 June 2017
74. Time to presentation, diagnosis and treatment for colorectal cancer patients in Jordan. Journal of Gastrointestinal cancer. World Congress on Cancer Prevention and Methods. Dubai, UAE. Oral Presentation
75. Breast cancer screening in Jordan: Current and future implications. Oral Presentation. Breast cancer congress. Birmingham, UK. 3-5 August 2015-07-21

Current research activities

- RSV virus burden in the KSA: national epidemiological, clinical and Pharmacoeconomics study
- Adaptive Phase II/III randomized controlled chemoprevention clinical trial for SARS-CoV-2 among close contact. Phase II in Tunisia and Morocco
- Saudi Cancer Early detection project: national study on 14 cancers related to clinical presentation, diagnosis and treatment.
- Jordan cancer Early detection project
- Middle East Diabetes Project: two clinical trials and a cross sectional study for development of diabetes risk calculator
- Search for new genetic mutations for breast cancer among high risk population. Data collection completed
- Predictors of development of hypothyroidism Data collection completed
- Predictors of access to Primary Care and people perceptions of Primary Health Care Services in Jordan. Grant from High Health Council, Jordan.
- Double blind randomised clinical trial on smoking cessation therapies: in process of preparation

Interests

Swimming, football, fishing, cinema

References

1. **Prof. David Kerr, University of Oxford**
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